

# The Stewart Center

# SUMMER 2021

# PROGRAMS



## SPEECH THERAPY

Individual and group sessions offered by ASHA certified Speech-Language Pathologists

**30-MINUTE SESSIONS: \$67.50**  
**HOURLY SESSIONS: \$135**  
**GROUP SESSIONS: \$85**



## OCCUPATIONAL THERAPY

Individual sessions offered by Registered Occupational Therapists

**30-MINUTE SESSIONS: \$67.50**  
**HOURLY SESSIONS: \$135**  
**GROUP SESSIONS: \$85**



## ART THERAPY

Individual and group therapy sessions offered by Registered Board-Certified Art Therapist

**30-MINUTE SESSIONS: \$75**  
**HOURLY SESSIONS: \$150**  
**GROUP SESSIONS: \$85**

## HANDWRITING

Individual occupational therapy with a focus on handwriting.

Therapy focused on improving handwriting form and legibility through a multisensory approach using Size Matters® Handwriting Program.

**30-MINUTE SESSIONS: \$67.50**  
**HOURLY SESSIONS: \$135**



## BIKE RIDING

Individual occupational therapy focused on bike riding skills.

One-on-one sessions help to build the skills to independently manage and ride a bike.

30-minute or 1-hour sessions weekly, determined on a case-by-case basis.

**30-MINUTE SESSIONS: \$67.50**  
**HOURLY SESSIONS: \$135**



## PICKY EATERS

Group or individual therapy designed to diversify the diet of your picky eater. Sensory-based feeding intervention based on the SOS Approach to Feeding®.

Individual sessions determined on a case by case basis.

**30-MINUTE SESSIONS: \$67.50**  
**HOURLY SESSIONS: \$135**

**GROUP SESSIONS: \$85 PER HOUR**



## ART THERAPY + SELF REGULATION

Group therapy teaching self-regulation through art-making strategies.

Incorporating mindfulness techniques, guided meditation, relaxation strategies, and the art-making process to promote self-regulation and coping skills.

**GROUP SESSIONS: \$85 PER HOUR**



## ART THERAPY + EMOTIONAL AWARENESS

Group therapy sessions that integrate creative ways to support emotional regulation in a group setting.

Identifying feelings, emotions, and socio-emotional learning concepts using the creative process and narrative storytelling.

**GROUP SESSIONS: \$85 PER HOUR**



## INTERESTED IN SUMMER THERAPY OR GROUPS?

Visit us online:  
[www.stewartcenterhouston.org/summer-registration](http://www.stewartcenterhouston.org/summer-registration)



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